



FIVB[™]



ROAD TO PARIS
VOLLEYBALL
QUALIFIER

COMPETITION REGULATIONS

Version 3 - 11 September 2023

INTRODUCTION

1.1. Introduction

These Competition Regulations provide the Team Delegations, FIVB and VW Delegations with the obligations and guidelines (as applicable) related to the participation and the technical staging of the Event (and other associated side events).

The following rules of interpretation apply in these Competition Regulations:

- a) The FIVB reserves the right to update these Competition Regulations at any time prior to the Event. In the event of any change in the content of these Competition Regulations, the FIVB will promptly notify the stakeholders and share the updated numbered version of the updated Competition Regulations.
- b) Unless otherwise stated in these Competition Regulations, in the event of conflict or ambiguity between any provisions of these Competition Regulations, the [FIVB Event Regulations](#) shall prevail.
- c) Unless the context requires otherwise, a reference to the Event shall mean the Olympic Qualification Tournaments Women and Men 2023 including any and all side events relating to such Event.
- d) A reference to FIVB Event Regulations, Chapter(s) are to a Chapter(s) of the FIVB Event Regulations.
- e) A reference to Appendix(ices) or Annex shall be those of these Competition Regulations.
- f) Unless the context otherwise requires, a reference to one gender shall include a reference to the other genders.

COMPETITION FORMULA

2.1. Concept

With France having already qualified as the hosts of the Paris 2024 Olympic Games (the "**Games**"), teams first need to secure one of the eleven (11) quota places per gender. The first opportunity for teams to book their ticket to the Games is the Road to Paris 2024 Olympic Qualification Tournaments ("**OQT**"). The women's event will take place between 16 and 24 September 2023, spanning across China, Japan and Poland. Following closely, the men's tournament will be held from 30 September to 8 October 2023 in Brazil, China and Japan.

The Olympic Qualification Tournaments will see the participation of 24 top eligible teams, determined by the FIVB Volleyball World Ranking, who have not yet secured their place in the Games. These teams will be divided into three pools of eight teams per gender competing in

a single round robin format. Only the top two teams from each pool will emerge victorious, earning their ticket to Paris 2024. The remaining quota spots will be decided via the FIVB Volleyball World Ranking at the end of the Preliminary Phase of the Volleyball Nations League (VNL) in June 2024.

WOMEN'S PARTICIPATING TEAMS



WOMEN'S
SEPTEMBER 16-24, 2023

| CHINA POOL A | JAPAN POOL B | POLAND POOL C |
|-----------------|-----------------|------------------|
| CHINA | JAPAN | POLAND |
| SERBIA | BRAZIL | ITALY |
| DOMINICAN REP. | TÜRKİYE | USA |
| NETHERLANDS | BELGIUM | GERMANY |
| CANADA | BULGARIA | THAILAND |
| CZECHIA | PUERTO RICO | COLOMBIA |
| MEXICO | ARGENTINA | KOREA |
| UKRAINE | PERU | SLOVENIA |

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MEN'S PARTICIPATING TEAMS



MEN'S
SEPTEMBER 30-OCTOBER 8, 2023

| BRAZIL POOL A | JAPAN POOL B | CHINA POOL C |
|------------------|-----------------|-----------------|
| BRAZIL | JAPAN | CHINA |
| ITALY | USA | POLAND |
| IRAN | SLOVENIA | ARGENTINA |
| CUBA | SERBIA | NETHERLANDS |
| UKRAINE | TÜRKİYE | CANADA |
| GERMANY | TUNISIA | MEXICO |
| CZECHIA | EGYPT | BELGIUM |
| QATAR | FINLAND | BULGARIA |

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2.2. Competition formula

- a) 3 pools
- b) 8 teams per pool
- c) Single round robin
- d) 7 matches per team
- e) 28 matches per pool

| | | | | |
|----------------|--------|--------|--------|--------|
| Round 1 | 1 vs 8 | 2 vs 7 | 3 vs 6 | 4 vs 5 |
| Round 2 | 1 vs 7 | 2 vs 8 | 3 vs 5 | 4 vs 6 |
| Round 3 | 1 vs 6 | 2 vs 5 | 3 vs 8 | 4 vs 7 |
| Round 4 | 1 vs 5 | 2 vs 6 | 3 vs 7 | 4 vs 8 |
| Round 5 | 1 vs 4 | 2 vs 3 | 5 vs 8 | 6 vs 7 |
| Round 6 | 1 vs 3 | 2 vs 4 | 5 vs 7 | 6 vs 8 |
| Round 7 | 1 vs 2 | 3 vs 4 | 5 vs 6 | 7 vs 8 |

2.3. Qualification to the Olympic Games Paris 2024

- a) The top 2 teams of each pool as per the Teams Ranking System qualify for the Paris 2024 Olympic Games.

2.4. Teams Ranking System

To establish the ranking of the teams in each pool the following criteria apply:

- a) Total number of victories (matches won, matches lost)
- b) In the event of a tie, the following first tiebreaker will apply:

Most points gained = the team will be ranked by the most points gained per match as follows:

| | |
|----------------------------|-----------------------------|
| Match won 3-0; 3-1 | 3 points |
| Match won 3-2 | 2 points |
| Match lost 2-3 | 1 point |
| Match lost 0-3; 1-3 | 0 points |
| Match forfeited | 0 points (25-0, 25-0, 25-0) |

- c) If teams are still tied after examining the number of victories and points gained, then the FIVB will examine the results to break the tie in the following order:
 - i. Set ratio = If two or more teams are tied on the number of points gained, they will be ranked by the ratio resulting from the division of the number of all sets won by the number of all sets lost.

- II. Points ratio = If the tie persists based on the set ratio, the teams will be ranked by the ratio resulting from the division of all points scored by the total of points lost during all sets.
- III. If the tie continues to persist based on the point ratio, the tie will be broken based on the team that won the match between the tied teams. When the tie in point ratio is between three or more teams, these teams will be ranked taking into consideration only the matches involving the teams in question.

2.5. Final Standing

At the end of the OQT 2023, all participating teams will be ranked from 8th to 1st place in each pool, as per the abovementioned Teams Ranking System.

TEAM ENTRY

| Women | Men | |
|--------|--------|-----------------------------------|
| ASAP | ASAP | Team Delegation Information to OC |
| ASAP | ASAP | National Team Contact List Form |
| 18 AUG | 18 AUG | Long List (O-2 Form) |
| | | Team Travel Information Form |
| | | Uniform Submission |
| 15 SEP | 29 SEP | Short List (O-2bis) |

3.1. Eligibility of Players

- a) A player is eligible to play for the National Team of a National Federation if he / she has:
 - I. the nationality of the country he / she represents, proving this by means of a passport or other valid government issued document confirming his / her nationality;
 - II. the National Federation as his / her Federation of Origin;
 - III. an Anti-Doping Certificate demonstrating that he / she has successfully completed the [FIVB Play Clean program](#);
 - IV. an E-Learning Course on Prevention of Competition Manipulation Certificate demonstrating that he / she has successfully completed the [E-Learning Course on the Prevention of Competition Manipulation \(Annex: FIVB PCMC\)](#).
- b) The nationality of a player is justified by means of a passport or other authentic document issued by the authorities of the country of the National Federation. The Federation of Origin is verified using VIS (the FIVB Control Committee shall verify in particular that a player does not have multiple profiles on the VIS).

- c) Only one (1) player having previously played for another national team and who has changed Federation of Origin within the last four (4) years can be part of a team, for a given event. The four-year period shall start from the date that the change of Federation of Origin of the player was approved.
- d) Once the passports or other legal documents have been checked and accepted by the FIVB Technical Delegate, the OC will issue the accreditations for players. Before each match, the accreditations must be presented to the Technical Delegate, and each Team Manager must keep the players' passports ready in the event that the player is subject to doping control.
- e) In the event that a player is subject to a sanction disqualifying him or her from participating in volleyball competitions by the FIVB after her/his registration on the O-2 Form, the concerned player shall not be allowed to be registered on the O-2bis Form or to be replaced on the O-2 / O-2 bis Forms. The suspension of the concerned player will be reflected on the score sheet with the player's name and the note "suspended".
- f) Each Team must have a minimum of twelve (12) players for the Event.

3.2. Team Registration

- a) National Federations (NFs) are responsible for registering their Team Delegation through the Volleyball Information System (VIS). Login details are provided by the FIVB to each NF.
- b) Two (2) key milestones apply:

| | | Women | Men | |
|---------------|-----------------------------|--------|--------|---|
| Step 1 | Long List (O-2 Form) | 18 AUG | 18 AUG | List of up to 25 players to be remitted 4 weeks prior to the start of the OQT 2023. |
| Step 2 | Short List (O-2bis) | 15 SEP | 29 SEP | List of 12-14 players confirmed at the Preliminary Inquiry -1 day before the start of the OQT 2023. |

STEP 1 – LONG LIST (O-2 FORM) (-4 WEEKS)

The participating NFs must register their Team Delegation through the [Volleyball Information System \(VIS\)](#), with the FIVB at least four (4) weeks before the start of the competition.

The O-2 Form can consist of up to 25 players and shall indicate the Captain of the Team and the Team Officials. The NFs shall generate the O-2 Form and remit a signed version to the FIVB (volleyball.teams@fivb.com).

After the submission of the signed O-2 Form, the participating NF cannot make any changes in the players roster on that Form.

All players registered on O-2 Form must have previously obtained the Anti-Doping and E-Learning Course on Prevention of Competition Manipulation certificates by completing the respective online courses.

All Team Officials registered on the O-2 Form must have previously obtained the E-Learning Course on Prevention of Competition Manipulation certificates by completing the respective online courses.

For each **player**, it is mandatory to register / submit **through the VIS** the following:

- a. Photos as per [Team Registration Guideline](#)
- b. Personal data (birth date, weight and height, highest reach at spiking and blocking...)
- c. Valid passport's copy
- d. Valid personal email address and phone number
- e. Players' names pronunciation records as per [Team Registration Guideline](#)

For the **Team**, it is mandatory to upload **through the VIS** the:

- f. Team photo as per [Team Registration Guideline](#)

For the **Team Officials**, it is mandatory to submit **through the VIS** the following:

- g. Photos as per [Team Registration Guideline](#)
- h. Team Officials' names pronunciation records as per [Team Registration Guideline](#)

In case of specific questions related to the team registration process, please contact volleyball.teams@fivb.com.

STEP 2 – SHORT LIST (O-2bis FORM) (-1 DAY)

The O-2bis Form shall consist of 12-14 players from the 25 players previously registered on O-2 Form, without changing the individual players' T-shirt numbers, and shall indicate the Team Officials going to the OQT pool.

The signed O-2bis Form is to be uploaded on the respective team's SharePoint folder one (1) day before the start of the OQT and prior to the Preliminary Inquiry.

| | Women | Men |
|----------------------------|-------------------|-------------------|
| Preliminary Inquiry | 15 September 2023 | 29 September 2023 |

By individually signing the O-2bis Form, athletes and Team Officials agree and accept the terms of the Code of Conduct in its integrity.

While for participation in the Event, Annex 1 (for both players & Team Officials) and Annex 2 (only for players) of the Code of Conduct shall be signed individually by each member

registered on O-2bis Form and submitted to the FIVB, if not already done before, via a private SharePoint link provided by the FIVB individually to each participating team.

3.3. Team Delegation Members

- a) The official Team Delegation is comprised of twelve (12) to fourteen (14) players and six (6) Team Officials.
- b) The following Team Official roles must be fulfilled:
 - Team Manager,
 - Head Coach,
 - One (1) Doctor (FIVB accredited) or one (1) Physiotherapist (FIVB accredited).
- c) Each Team Delegation shall comprise at any time a minimum of one (1) medical staff member as described above. In the event that the official Team Delegation includes only one (1) medical staff member position out of the two (2) possible, the vacant position can be used to register another Team Official.
- d) The OC covers the board and lodging for up to fourteen (14) players and six (6) Team Officials.
- e) Extra Team Officials (2nd Assistant Coach, Physical Trainer, Statistician, General Manager, Team Interpreter) may be added to a Team Delegation but may be accredited only when their local travel and accommodation and other necessary expenses are paid in advance by the respective NF to the OC.

3.4. Replacement Players

Participating teams have the possibility to exceptionally request the replacement of player(s) due to medical reasons to the extent that the concerned player(s):

- a) has a PCR positive test result;
- b) is considered close contact and has to isolate based on the local COVID-19 regulations;
- c) presents a medical condition, including injury or any other illness, that prevents his/her participation in the rest of the relevant OQT pool.

In any of the abovementioned cases, the respective NF shall submit a written medical replacement request to volleyball.teams@fivb.com indicating:

1. the replacement player(s) from the Long List (O-2)
2. the player to be replaced on the Short List (O-2bis) and including as attachment the mandatory PCR positive test result or the confirmation of mandatory isolation according to local rules and, in medical conditions other than COVID-19, a medical certificate attesting that the concerned injury or illness prevents the player from participating in the rest of the relevant OQT pool.
3. The respective NF shall be responsible for making all necessary travel arrangements at its own cost to bring the replacement player(s) to the host city of the specific OQT pool and coordinate all local arrangements with the OC.

4. In the event that the replacement is granted, the Technical Delegate shall proceed with the replacement(s) in the Short List (O-2bis) after verifying the signed Annexes to the Code of Conduct, player(s) passport(s) and Health Certificate(s) (M-3).
5. The updated Short List (O-2bis) shall be circulated in the Daily Bulletin.
6. The replacement player(s) shall be allowed to compete in matches starting from the day after the Daily Bulletin in which the updated Short List (O-2bis) featuring the replacement player(s) was circulated. The replaced player(s) shall not be allowed to compete for the remainder of the respective OQT pool.

3.5. Libero

- a) The Head Coach of a Team can change the Libero(s) between each match through the Short List (O-2bis Form). The Team Manager/Head Coach must inform the Technical Delegate no later than one (1) hour before a match if a Team wishes to change the Libero(s) from that selected for the previous match.
- b) If a Team has more than 12 players recorded in the score sheet, the Team must designate two (2) Liberos on its Team list.
- c) Possible Team compositions on the Short List (O-2bis Form) are the following:

| Score sheet Team list | Team Composition |
|-----------------------|--|
| Fourteen (14) players | Twelve (12) regular players + two (2) Liberos |
| Thirteen (13) players | Eleven (11) regular players + two (2) Liberos |
| Twelve (12) players | Twelve (12) regular players + zero (0) Liberos |
| Twelve (12) players | Eleven (11) regular players + one (1) Libero |
| Twelve (12) players | Ten (10) regular players + two (2) Liberos |

3.6. Team Officials on the Bench

- a) The Head Coach and maximum of four (4) Team Officials registered on the Short List (O-2bis Form) may be seated on the team bench.
- b) The Team Manager and the Team Journalist are not allowed to sit on the team bench.
- c) Extra Team Officials who are not seated on the team bench shall be seated in a designated area in the Competition Hall.

3.7. Team Statisticians

- a) Each Team is allowed a maximum of two (2) Team Statisticians to be seated in the allocated area behind the service line during that Team's respective match.
- b) Each Team is allowed a maximum of one (1) Team Statistician to be seated in the allocated area behind the service line during other Teams' matches.

3.9. Accreditation of Team Journalist

- a) A maximum of one (1) journalist may be accredited by FIVB and may be designated as a Team Journalist for the competition.

- b) To register, please use the electronic registration system:

https://docs.google.com/forms/d/e/1FAIpQLSfU4gHgjqwL_WwoQt1Q4ZokFOpuShhnut7FFhml48PCx7wH9Q/viewform

3.10. Team Videographer

- a) It is recommended that a Team Journalist is assigned as a Team Videographer and carries out the duties of the Team Journalist.

3.11. Team Doctor and Physiotherapist

- a) Only Doctors/Physiotherapists having the FIVB Team Doctor's/Physiotherapist's Accreditation (pdf file) will be authorized to sit on the team bench.
- b) New Doctors/ Physiotherapists with no FIVB registration number must be accredited by the FIVB Medical Department no later than six (6) weeks prior to the Event, according to Section H of the [FIVB Medical and Anti-Doping Regulations](#). Please contact medical@fivb.com for more information on the matter.

UNIFORM REGULATIONS

4.1. Players

- a) The playing uniform must comply with the [FIVB Event Regulations - Article 4.9, Chapter 6 and Annex A](#) (incorporating uniform standards) previously circulated, where the location of the Country and Last (Family) Name and the size of the numbers are clearly indicated.
- b) Each Team must have available three (3) sets of playing uniforms each one of a different color. The players' numbers must be the same on the O-2 and O-2bis Forms and uniforms.
- c) The playing uniforms of the Team Captain and the Libero (if different) must be presented during the Preliminary Inquiry.
- d) Any accessories used by the players during the Event (e.g., knee protectors (knee pads), elbow protectors (elbow pads), player's hand towels, head bands, wrist bands etc.) cannot display any advertising. Any manufacturer's logo displayed on these accessories cannot be greater than 6 cm².
- e) Undergarments must not be visible under the uniform (shorts or jersey) and in any event must be of the same color as the uniform.
- f) Compression pads are approved but are required to be of the same color design as the uniform. No padding is allowed in the forearm compression pads, as it provides advantages to the players' performances. Neutral colors, black or white are acceptable. Teams using compression pads must be uniform in color/design for all players.

4.2. Team Officials

- a) The maximum five (5) Team Officials on the bench (as approved in the Preliminary Inquiry) must conform to the following dress code options:
 - All of the Team Officials must wear the official warm up suit and polo shirt of their Team Delegation, or
 - All of the Team Officials must wear dress jacket, collared dress shirt, tie and formal slacks of the same color and style.
- b) However, any Team Officials wearing dress jacket, collared dress shirt, tie and formal slacks will not be allowed on the Playing Court during the official pre-match protocol.
- c) Extra Team Officials (if any) must wear the official warm up suit and polo shirt of their Team Delegation, previously approved by the FIVB.
- d) The penalty for non-compliance of the dress code for Team Officials on the bench will be that the Team Official(s) concerned will not be allowed to sit on the team bench, must leave the Field of Play.

4.3. FIVB Officials and Referees

Uniforms from official FIVB/VW Supplier will be provided to all FIVB Officials & Referees upon their arrival on Site at the Event they are assigned to. Please keep and bring this uniform with you for the next assignment If you already received it at a previous Event.

FIVB Referee's Uniform (Referee, Reserve Referee, Challenge Referee):

- FIVB belt (please bring your FIVB belt)
- Short sleeve polo
- Long sleeve polo
- Warm up jacket
- Pants
- Running shoes

FIVB Official's Uniform (Referee Coach, Technical Delegate, Medical Delegate):

- Short sleeve polo
- Long sleeve polo
- Warm up jacket
- Pants
- Running shoes

ADVERTISING ON TEAM UNIFORM

5.1. Players

- a) Advertising on uniforms shall be in accordance with the [FIVB Event Regulations, Chapter 6 and Annex A](#); and subject to prior FIVB approval, should avoid conflict with any FIVB Commercial Affiliate category for the Event. Samples of team uniforms must be submitted by not later than four (4) weeks prior to the Event:
 - the application form for authorization of advertising material ([Advertising on Team Uniform Form](#)) - submission required only once per season, not for each event, except when the Sponsor(s)/Manufacture are different for each event;
 - three (3) sets of Captain's (and Libero's (if different) playing uniforms, each one of a different color (also applicable in the event that there is no advertising on the uniforms) - submission required only once per season, not for each event;
 - Players and Team Officials' uniform graphic layouts with detailed information such as sizes of logos, letters, advertising, manufacturer, etc.;
 - Uniform samples' photos - in case of new samples, which are different from the submitted ones or upon the FIVB request.
- b) With reference to the [FIVB Financial Regulations, Article 1.5](#), in case of application of advertising on team uniform/equipment, each Team must pay an Advertisement on Team Uniform Fee to the FIVB. Upon approval of the applied advertisement, FIVB shall issue an invoice addressed to the respective Team NF.
- c) Upon the uniform approval by the FIVB, an Approval Certificate will be issued, and it must be presented at the Preliminary Inquiry by the Team Manager.

ADVERTISING ON TEAM UNIFORM

6.1. Participating Teams' Medical Obligations

- a) Each Team NF / Team Delegation shall ensure its players and (where appropriate the Team Delegation) comply with the medical eligibility requirements.
- b) FIVB medical accreditations (printed pdf files) for Team Doctors and Physiotherapists are mandatory and must be presented at the Preliminary Inquiry. Team NFs must request validation (if not done prior) from the FIVB Medical Department no later than six (6) weeks before the Event.
- c) With reference to the [FIVB Event Regulations - Chapter 17](#), all Team NFs are obliged to take out their own third-party liability and medical insurance in respect of their Team Delegation.
- d) All Team NFs waive any claims against the OC, Volleyball World and the FIVB for sport injuries sustained during the Event (as defined in the FIVB Medical & Anti-Doping Regulations).
- e) Local COVID-19 Regulations, if applicable, must be duly respected during the Event.

6.2. Participating Teams' Anti-Doping Obligations

- a) If a player has taken any prohibited substances, he/she must request a Therapeutic Use Exemption (TUE) at least twenty- one (21) days before the Event using the M-8 Form, and it must be granted by the FIVB, through ITA, before the Event, except in case of emergency.
- b) Members of Team Delegations who wish to participate in the Event must acquire an Anti-Doping Certificate first, at the latest, by the deadline for the O-2bis Form. The FIVB Anti-Doping education program can be accessed at [FIVB E-Learning](#).
- c) Each Team Delegation shall ensure that its players are aware of their anti-doping rights and obligations.

COMPETITION REGULATIONS

7.1. Conducting the Competition

- a) The Event is governed by the FIVB and will be conducted by the FIVB Technical Delegates.
- a) FIVB Referees appointed by the FIVB will officiate at the Event.
- b) The Event must be conducted in accordance with:
 - These Competition Regulations;
 - [Official Volleyball Rules](#);
 - [FIVB Event Regulations](#);
 - [FIVB Sports Regulations](#);
 - [Video Challenge System Regulations](#) & [Team Tablet Regulations](#);
 - [General Regulations](#);
 - [Disciplinary Regulations](#); and
 - [Medical and Anti-Doping Regulations](#).

7.2. FoP Layout & Set Up

To bring the focus on the players, capture the teams' reactions and emotions and to create more content engaging the fans worldwide, OQT 2023 edition will see an adapted Field of Play orientation where the team benches and warm up areas are located opposite the main TV camera. A 3rd Referee is located at the scorers' table to fulfill the administrative role and duties of the 2nd Referee.

Please click on the following link to view the [Volleyball Field of Play Layout and Volleyball Venue Layout](#).

7.3. Sport Equipment

- a) With reference to the [FIVB Event Regulations - Chapter 4](#), the Event will be played with the FIVB homologated equipment only:
- Official ball (and rubber-wheeled trolleys): **Mikasa, V200W**.
 - Net system (net posts, post pads, net antennas, net side bands, nets and referee chairs): **Senoh**.
 - Synthetic flooring: **Gerflor 3-colour Taraflex**.
 - Sub-floor: **Connor Sports Quicklock** (recommended).

7.4. Sport Equipment

Coming soon.

7.5. VCS Regulations

Please click on the following link to view the [Video Challenge System Regulations](#).

7.6. Team Tablet Regulations

Please click on the following link to view the [Team Tablet Regulations](#).

7.7. Complaints

- a) All official complaints relating to a match must be presented in writing via email to the FIVB Technical Delegate(s) within one hour after the end of the match concerned. The complaints procedure to be followed can be found in the [FIVB Event Regulations - Chapter 2](#).
- b) Once the scoresheet for a match is checked and signed by all relevant participants without protest, no further team protest on technical aspects can be accepted (e.g., substitutions, scorer's error, referee's error, etc).
- c) Complaints about the result of a match must be worded in English and accompanied by a deposit of CHF 300 cash (or the equivalent in local currency) for each such match result complaint.

7.8. Sanctions

All disciplinary matters shall be decided in accordance with the [FIVB Disciplinary Regulations](#) as well as all other relevant FIVB Regulations. Teams are strongly advised to review the FIVB Regulations before the OQT. The FIVB Regulations can be found at the following link: <https://www.fivb.com/en/thefivb/legal>.

The competence to impose sanctions for simple and major offences, except anti-doping rule violations, arising on the occasion of a competition is on the FIVB Disciplinary Panel Sub-Committee. Mr. Jaime Cambreleng and Mr. Ludovic Déléchat have been assigned as Disciplinary Panel Sub-Committee Members for the Women's and Men's OQT 2023 respectively. Sanctions imposed by the Disciplinary Panel Sub-Committee are final and limited

to the period of OQT 2023. The FIVB Disciplinary Panel Sub-Committee may refer cases involving potential sanctions beyond the competition to the FIVB Disciplinary Panel.

For purposes of disciplinary offences falling under the [FIVB Disciplinary Regulations](#) or these Competition Regulations, the period of the OQT shall be deemed to start on the scheduled arrival date of the teams until the end of the tournament.

The proceedings before the FIVB Disciplinary Panel Sub-Committee are governed by Article 14.5 of the [FIVB Disciplinary Regulations](#), except for Article 16.6 governing appeals as all decisions issued by the FIVB Disciplinary Panel Sub-Committee are final. The procedure shall be conducted in an expedited manner with short deadlines in order to allow for a timely decision as required for in-competition offences while, at the same time, guaranteeing the rights of the concerned person defined in Article 16.2 of the [FIVB Disciplinary Regulations](#).

Below are relevant provisions and sanctions related to participation, uniforms, misconduct and other disciplinary matters.

Sanctions relating to non-remittance or incomplete remittance of documentation

The National Federation will incur a CHF 1'000.- fine in the case of non (or incomplete) remittance of the O-2 Form, Team, Team Officials and player's required documentation within the set deadline.

Sanctions relating to non-participation/withdrawal

If a National Federation declares the non-participation of its duly qualified team or simply does not send its team to participate in the OQT 2023, it will be sanctioned in accordance with [FIVB Disciplinary Regulations](#) as National Federations have an obligation to participate in competitions in which they have entered a team (Article 12.4.1 of the [FIVB Disciplinary Regulations](#)).

Withdrawal of the team before the tournament will be sanctioned according to the [FIVB Disciplinary Regulations](#) (Art. 12.3) depending on the date of withdrawal. Withdrawal of teams/athletes entered in the tournament is not allowed except in cases of "force majeure" or player injury. In such cases, a Medical Certificate or a declaration of good faith must be provided. Withdrawal during the course of the tournament or non-appearance at the beginning of the tournament by a National Team except as otherwise provided herein, the National Federation shall be punished by the following in accordance with Article 12.3.6 of the [FIVB Disciplinary Regulations](#):

- a) In all cases, compulsory reimbursement to the Organizing Committee and the FIVB of the expenses made on behalf of the withdrawing delegation and team, plus damages for loss of income and other financial consequences; and
- b) Fine of up to CHF 50,000; and/or
- c) Suspension from international competitions for up to two (2) years

Sanctions relating to uniforms

Teams not respecting the color of uniforms as determined by the FIVB will be subject to a fine of a minimum of 1,000 CHF.

A failure to provide the FIVB with the required documents and sample of uniforms at the Preliminary Inquiry will be subject to a fine up to 5,000 CHF.

Sanctions relating to misconduct

All athletes shall conduct themselves in accordance with the principles and values of sportsmanship and fair play reflected in the FIVB Regulations. Any rude, offensive or aggressive misconduct conducted by an athlete, a coach or a duly accredited member of a team delegation shall be subject to sanction in accordance with Articles 2.1 and 8 of the [FIVB Disciplinary Regulations](#).

Sanctions relating to other violations of the FIVB Disciplinary Regulations

Sanctions may also be imposed for violations of the [FIVB Disciplinary Regulations](#) and other [FIVB Regulations](#) in accordance with the [FIVB Disciplinary Regulations](#).

All sanctions mentioned above may be applied cumulatively.

7.9. Forfeit

- a) If a team is unable to produce six (6) players for a match due to a valid medical reason, the match(es) will be automatically forfeited (3-0).
- b) Forfeit of a team with more than six (6) players shall be subject to sanctions as per the [FIVB Disciplinary Regulations](#).

7.10. Serve Clock

Please click on the following link to view the [Serve Clock Manual](#).

7.11. Technical Timeouts, Team Timeouts, Intervals and Change of Sides

- a) No Technical Timeouts.
- b) Two (2) 30-second Team Timeouts per team per set.
- c) All Intervals between sets last three 3 minutes. *
- d) Teams change sides between sets.

**Due to the host broadcaster's request, all matches played by the National Team of Japan will have a 5 minute interval between the 1st and 2nd sets, and between the 2nd and 3rd sets.*

7.12. Other Competition Related Matters

- a) No Line Judges will assist the match, Video Challenge System equipment shall be used instead.
- b) 1st, 2nd, 3rd Referee and a Challenge Referee will assist each match.
- c) Serve Clock will be operated by the assistant scorer.
- d) Four (4) ball retrievers will ensure the flow of each match.
- e) Two (2) to four (4) quick moppers will ensure the flow of each match.

7.13. Towels for Trainings and Matches

- a) Players shall take towels from their hotel room to be used during training sessions.
- b) It is the team's responsibility to return the towels back to the hotel.

7.14. Collection of Starting Lineup

- a) Teams are required to confirm through the Team Tablet the starting six Players + Libero and positions of each match a minimum of -25 minutes before the match start.
- b) In case of a proven valid injury during the official warm up, the starting lineup may be exceptionally changed.

TRAINING & MATCH SCHEDULE

8.1. Match Schedule

Detailed Match Schedule is available on volleyballworld.com [Road to Paris Volleyball Qualifier](#)

Please consult the link regularly for any updates.

8.2. Pre-match Warm Up

- a) The two competing teams shall warm up on the competition court at least one (1) hour prior to the start of each match.
- b) When the match schedule does not allow enough time for warm up on the competition court, two (2) warm up areas shall be made available for the two competing teams at least one (1) hour prior to the start of each match.
- c) Teams shall be allowed to warm up with balls as soon as they enter the competition court.

8.3. Training Facilities

One (1) training court and one (1) fitness gym shall be made available to the participating Teams.

8.4. Training Schedule Guidelines

- a) On OFF days, each Team is guaranteed;
 - 1x 2h volleyball training session and/or fitness training session a day
 - 1x 1h30 of familiarization on Competition court the day before the first match
- b) On MATCH days, each Team is guaranteed;
 - 1x 1h volleyball training session

- c) Trainings on match days for the teams playing shall be scheduled in the morning on the competition court if possible. A minimum of 5 hours of interval is given to the Team from the end of the morning training until the start of the match. Length of this training should be based on the fulfilment of above condition (5-hour interval).
- d) Earliest morning training can start at 08:00 and latest evening training can start at 21:00.
- e) All Teams shall have equal conditions and shall be granted the same training opportunities in terms of number of trainings on training court, balance of morning/evening trainings, total training time etc, based on the match schedule.
- f) If additional training is requested, it is at the discretion of the OC to facilitate this with the prior approval of the FIVB Technical Delegate.
- g) The training times on competition days are defined according to the team matchup sequence.
- h) All training sessions for the teams must be “closed” and shall not be accessible by other participants of the event.

8.5. Training Court Equipment

- a) Gerflor taraflex floor, net, telescopic posts and pads for the training court.
- b) 2 x Mikasa ball carriers and 40 x Mikasa V200W balls for training court.
- c) Adequate lighting (min 500 lux), A/C, ventilation and/or heating (if needed).

8.6. Fitness Training Equipment

- a) Squat racks w/ Olympic barbell at each rack 4x
- b) Weights to accompany squat racks (4x25kg/rack, 4x20kg/rack, 2x10kg/rack, 2x5kg/rack, 2x2.5kg/rack) 2x
- c) Barbell collars (2/rack, 2/platform) 1x
- d) Dumbbells ranging from 2.5kg/5lbs -45kg/90lbs in 2.5kg/5lb increments 1x
- e) Bench press w/ barbell 2x
- f) Adjustable benches 2x
- g) Medicine balls ranging from 3kg-10kg (in 1 kg increments) 1x
- h) Adjustable height cable/pulley system 2x
- i) Lat pulldown machine 2x
- j) Seated row machine 2x
- k) Leg press 2x
- l) Prone leg curl machine 2x
- m) Seated leg extension machine 2x
- n) Spin bike 5x
- o) Treadmills 2x
- p) Elliptical machines 2x
- q) Smith machine 2x
- r) Pull-up bar 2x
- s) Box jump 4x
- t) Floor mats 20x

- u) Swiss ball 4x
- v) Kettlebell ranging from 6kg –20 kg 1x
- w) Pvcor wood stick 1m50cm long 5x
- x) Trap bar 2x

TRAVEL, ACCOMMODATION & LOCAL SERVICES

9.1. OC Key Information

| Women OQT 2023 - 16 to 24 SEP | | | |
|--------------------------------------|--|---|--|
| | Pool A - CHN | Pool B - JPN | Pool C - POL |
| |  |  |  |
| City | Ningbo Beilun | Tokyo | Lodz |
| Venue | Beilun Tiyi Centre | Yoyogi National Stadium | Atlas Arena |
| Airport | Ningbo Lishe (NGB) | Tokyo Narita (NRT) or Haneda (HND) | Warsaw (WAW) |
| Contact person 1 | HE Tao | Aya Takai | Kamil Fedorowicz |
| Contact phone | +8613566033079 | +81 3 5786 2105 | +48 695 080 016 |
| Contact email | 71830528@qq.com | international.events@jva.or.jp | kfedorowicz@polskiasiatkowka.eu |
| Contact person 2 | China Volleyball Association | | Wojciech Czayka |
| Contact email | cvavolley@sport.gov.cn | | wczayka@pzps.pl |
| Hotel for Teams | Radisson Ningbo Beilun | Shinagawa Prince Hotel | Ambassador Premium |
| Hotel for Officials | Hualuxe Ningbo Harbour City | Shinagawa Prince Hotel | Ambassador Premium |

| Men OQT 2023 - 30 SEP to 8 OCT | | |
|---------------------------------------|---------------------|---------------------|
| Pool A - BRA | Pool B - JPN | Pool C - CHN |

| | | | |
|---------------------|---|--|---|
| |  |  |  |
| City | Rio | Tokyo | Xi'an |
| Venue | Maracanãzinho | Yoyogi National Stadium | Qujiang Sports Complex |
| Airport | Rio (GIG) or (SDU) | Tokyo Narita (NRT) or Haneda (HND) | Xi'an (XIY) |
| Contact person 1 | Cadu Geronimo | Aya Takai | ZHAO Chasel |
| Contact phone | +55 21 97679-9788 | +81 3 5786 2105 | +8615094000601 |
| Contact email | cadu.geronimo@volei.org.br | international.events@jva.or.jp | 65503095@qq.com |
| Contact person 2 | Luiz Brum | | China Volleyball Association |
| Contact email | luiz.brum@volei.org.br | | cvavolley@sport.gov.cn |
| Hotel for Teams | Rio Othon Palace | Shinagawa Prince Hotel | Gran Meliua Xian |
| Hotel for Officials | Rio Othon Palace | Shinagawa Prince Hotel | Gran Meliua Xian |

9.2. Team Delegation Information

To facilitate the logistics and accommodation plan, each participating NF shall communicate to the respective OC as soon as possible:

- Earlier arrival and later departure.
- Exact number of Team Delegation members.
- Rooming list.
- Training needs during off days/weeks.

And each participating NF shall submit to the FIVB Volleyball department volleyball.teams@fivb.com:

- National Team Contact List Form
- Team Travel Information Form

9.3. Local Transportation

The OC shall provide dedicated bus transportation from:

- a) Airport to Hotel to Airport.
- b) Hotel to Venue to Hotel.
- c) Hotel to Training Court and/or Fitness Gym to Hotel.

- d) Venue to Training Court and/or Fitness Gym to Venue.
- e) Any of the above transportation must provide water in the vehicles.

9.4. Accommodation

- a) The OC shall arrange for and bear all of the living and accommodation costs for all the Team Delegations from 2 days prior to the start of the OQT pool to 1 day after the end of the OQT pool.
- b) Players to be accommodated in double occupancy rooms with twin beds (2 separate beds). All other rooms are single occupancy.
- c) Free early check in from 10:00 if possible.
- d) Free late check out before 16:00 if possible.

9.5. Catering

- a) Team Delegations catering shall include three (3) buffet style meals and one snack for each Team Delegation member per day.
- b) Catering will be provided in the hotel and in the venue based on the schedule of each Team Delegation.

9.6. Local Services

- a) Hotel laundry service within 24 hours.
- b) Event will need daily access to a laundry (wash and fold) service for each Team Delegation and FIVB/VW Officials, Staff and Representatives as follows:
 - For each Team Delegation per day/per person including Players and Team Staff: 8 sports equipment/items on training and match days.
 - FIVB/VW Officials, Staff and Representatives: 4 items per day/per person
- c) Any personal laundry can be included but will be paid for by the individual.
- d) Large amount of ice will be available both at hotel and venue.
- e) Large amount of water will be available both at hotel and venue.

9.7. Rate Card

- a) The OC shall provide a Rate Card including full board accommodation (daily 3 meals and snack, daily laundry, ground transportation, access to the competition and training venues) in case the participating teams have extra members in their delegation or arrive earlier/depart later than the designated arrival/departure day.

9.8. Playbook

A playbook with all necessary local information will be sent by the OC to all participating Teams, Officials and Service Providers two (2) weeks prior to the respective OQT pool. The following information will be provided:

- a) Pool Composition & Match Schedule

- b) OC Chart & Contacts
- c) Team Liaison Contacts
- d) FIVB/VW Chart & Contacts
- e) Pre-match Protocol
- f) Training Principles & Schedule
- g) Preliminary Inquiry Requirements & Schedule
- h) Event Practical Info
- i) Competition Venue
- j) Venue Zoning Map & Flows
- k) Team Seating
- l) Team Video Area
- m) Mixed Zone and Press Conferences
- n) Venue Transport
- o) Training Venue
- p) Fitness Gym
- q) Accommodation
- r) Catering
- s) Meeting Rooms
- t) Laundry
- u) Rate Card
- v) Medical Services and procedures to be followed
- w) During Competition & Training
- x) Out of Competition & Training
- y) Event Schedule for Officials and Service Providers

9.9. FIVB Officials, FoP Service Providers & Staff Assignments

FIVB Officials, FoP Service Providers & Staff Assignments are available on this [link](#).

TEAMS PROMOTIONAL ACTIVITIES OBLIGATIONS

10.1. Mixed Zone, Flash Interviews, Media Conferences

- a) All players departing the FoP must exit through the Mixed Zone, allowing brief interactions with the media.
- b) Team Delegations shall be notified in due time regarding selected or all member mandatory attendance at Media Conferences or any official Event Media Activities, including schedule and required attire.
- c) During the Preliminary Inquiry, each Team shall identify players that are comfortable doing flash interviews conducted at the end of each match. The selected players must be fluent in English or notify in advance of a need for a translator.

10.2. Team Photoshoot

- a) Each Team Delegation shall be available for a photoshoot organized by the FIVB and VW before the start of the Event. The FIVB and VW will inform the Teams beforehand on the time and date through the Event Schedule in the Playbook.

EVENT SCHEDULE

11.1. Event Schedule

| | |
|---------|--|
| -4 days | Arrival of the FIVB & VW Officials |
| -2 days | Arrival of the participating Teams/ Referees |
| -1 day | Preliminary Inquiry |
| +1 day | Departure |

A detailed Event Schedule will be available in the Playbook provided by the OC two (2) weeks prior to the Event.

PRELIMINARY INQUIRY

Preliminary Inquiry shall take place the day before the start of the OQT pool at the Team's hotel or competition venue. Location date and time shall be confirmed in the Event Schedule.

12.1. Compulsory Attendance

FIVB

- Technical Delegate
- Medical Delegate

TEAMS

- Team Manager
- Doctor and / or Physiotherapist

LOC

- LOC representative (local team services)

12.2. Team Requirements

- Signed O-2bis Form to be uploaded on the respective team's SharePoint folder
- Passports of all athletes
- Health certificate of each athlete (M-3 Form)
- Doctor's and/or Physiotherapist's FIVB ID-cards
- Team Journalist's accreditation
- Samples of Captain's, Libero's uniforms (if different) (3 colors) and team officials uniforms
- Any "injury prevention devices" that the athletes will be using

- h) Advertising on Team Uniform Approval Certificate
- i) Annexes 1 and 2 signed by all players to be uploaded on the respective team's SharePoint folder
- j) Annex 1 signed by all team delegation members to be uploaded on the respective team's SharePoint folder

12.3. Organizing Requirements

- a) Meeting area for 10 people at teams' hotel or competition venue
- b) Ruler

12.4. Daily Bulletin

1st Daily Bulletin – Distributed after the Preliminary Inquiries

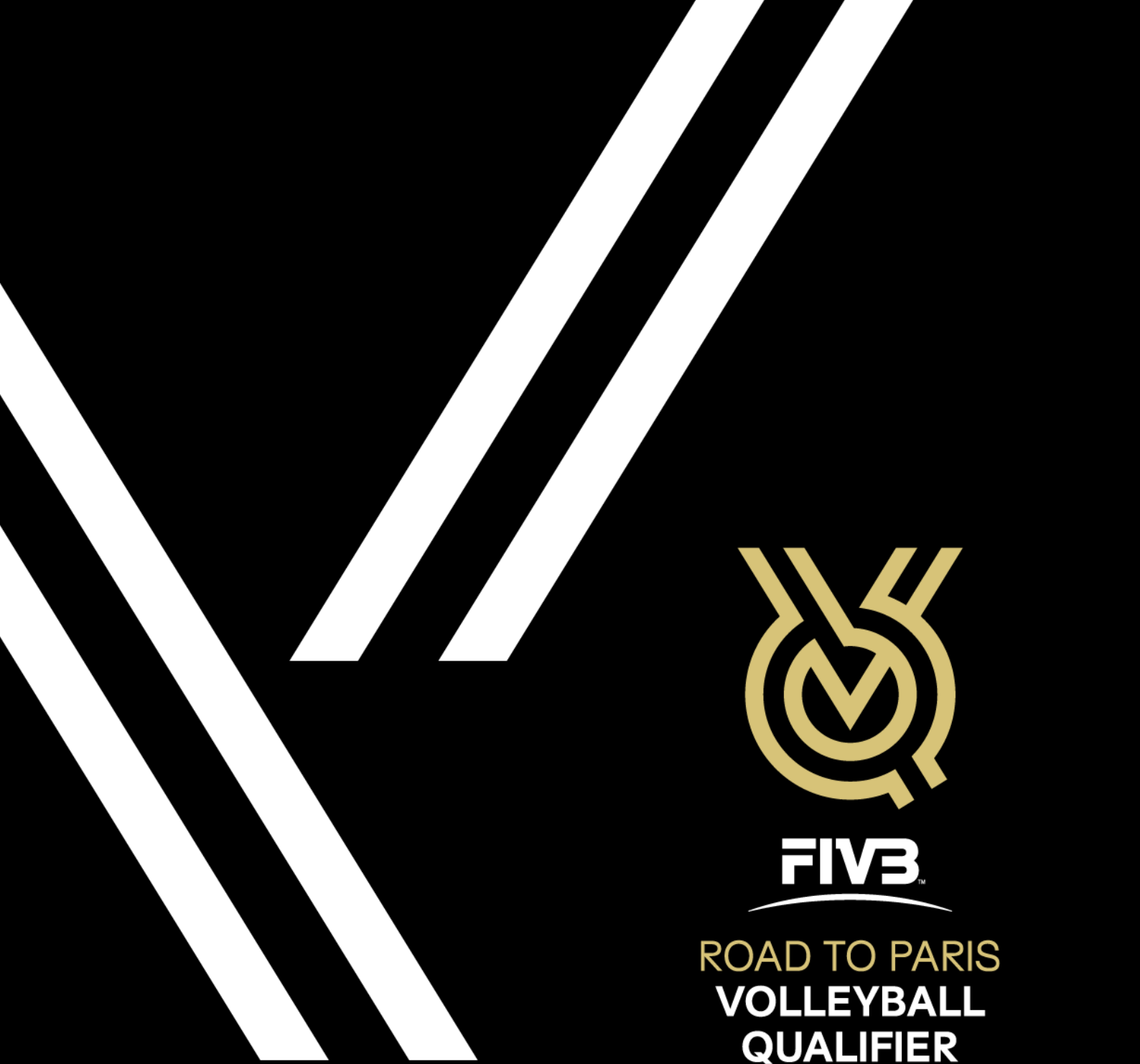
- a) Short List (O-2bis)
- b) Match Schedule
- c) Choice of Uniform Colors (O-1)
- d) Training Schedule

Daily Bulletins – Distributed at the end of each match day

- a) Official communication (if any)
- b) Competition Standing (P-4)
- c) Match Result (P-2)

Final Bulletin – Distributed after the last match

- a) Official communication (if any)
- b) Competition Standing (P-4)
- c) Match Result (P-2)
- d) Players Ranking (P-5)
- e) Teams Ranking (P-6)



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